

E-Safety Tips for Parents & Carers



Zip it: Keep your personal stuff private and think about what you say and do online

Block it: Block people who send you nasty messages and don't open unknown links and attachments

Flag it: Flag up with someone you trust if anything upsets you or if someone asks to meet you offline

Tips for keeping your child safe while on-line.

There are many devices children can use to access the internet: game boxes, smart phones, laptops, TVs, to name but a few. It's a good idea to keep these devices in family rooms so that you can keep up to date with your child's activities. Safe behaviour when using any of them is important for your child's safety and the following are our top tips:

- Explain to your child that they must keep personal information private. This includes: name, address, email address, phone number, school name, sports club, passwords, photos, videos, arrangements for meeting up with friends etc.
- Advise your child that the internet is not a private space and to think carefully before publishing information and photos online as they can be changed and shared by other people, without their knowledge. Also advise them not to post anything that they would not want a parent or carer to see.
- It's not a good idea for your child to open files that are from people they don't know. They could contain a virus or an unpleasant message.
- Unwanted or unpleasant messages can be blocked using device settings and in school, children can forward them to: thaxted@thaxted.e-folio.org.uk.
- Tell your child to always tell a trusted adult if something they have received or seen online upsets them or makes them feel uncomfortable.
- They should also know that sometimes people lie online. They should never meet up with anyone they have met online and should tell a trusted adult if anyone tries to make arrangements to meet them.

If you would like further advice, come and speak to our E-Safety Coordinator, Mrs Smith, Class 8 teacher.

Useful websites:

<http://www.kidsmart.org.uk/>

<https://www.thinkuknow.co.uk/parents/>

<http://www.childnet.com/kia/parents/>

http://www.thinkuknow.co.uk/5_7/hectorsworld/Hectors-World-Safety-Button1/